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|  | Give indoor gardening a try and grow food all year long! |
|  | Ordering take out? Consider the types of containers you’re getting. Eating in? Bring your own utensils and napkin. [**Buy a set**](http://www.thekitchn.com/green-on-the-go-10-reusable-ut-94914), or just roll up some of your own in a cloth napkin |
|  | Time to replace your toothbrush? Buy [**bamboo**](http://woobamboo.com/). Hairbrushes? Convert to wooden bristle brushes (just make sure you clean them often) |
|  | Switch to bamboo toilet paper and tissues. Just like your favorite non-renewable papers, different brands come with different textures, so don’t give up if you don’t like the first roll |
|  | Become more aware of your food waste. Those greens can go into a stir fry; the top & bottom of the zucchini are the same as the rest of it. Most veggies still taste the same even if they are a bit bruised or have just started to turn. Try to reduce even if you compost |
|  | Buy dry foods, nuts and seed in bulk at your local natural foods store (bring your own container too!) |
|  | Stop buying dressings, condiments & pre-mixed seasonings and start making your own. If you must buy, choose a reusable glass container over plastic |
|  | Use repurposed gift wrap! Like the olden days, newspaper works great, you can save wrapping you received, or just use jute twine and some greens from outdoors. |
|  | Find a local car wash that uses reclaimed water |
|  | Have a yard sale. See how many plastic items each family member can sell off! |
|  | Ladies, start to explore all natural makeup |
|  | Take inventory of the remaining chemicals in your home. Cleaners, detergents, bath and beauty products can be checked for toxicity on [**EWG**](http://www.ewg.org/consumer-guides#.We_VcWhSxPY) or [**GoodGuide**](https://www.goodguide.com/#/) |