

Make Your Own Natural Cleaners

Ingredients

Baking Soda

Washing Soda

Orange Castile Soap

Dish Soap

Hydrogen Peroxide

Vinegar (White)

Glycerin

Citric Acid

Olive Oil (Imported Extra Virgin)

Essential Oils: Eucalyptus, Lavender, Clove, Rosemary, Peppermint, Orange, Lemon, TeaTree

Supplies

Mason Jars	<u>Glass Spray Bottles</u>
Microfiber Cloths (or rags/towels)	Measuring Cups /Spoons
Squirt Bottle	<u>Wooden Toilet Brush</u>

Tips:

For the every day items, buy bulk at the lowest cost option (usually Wal-Mart). You get what you pay for with essential oils - I recommend finding a natural foods store where you have a variety of price points to choose from but typically higher quality product.

Why glass bottles? Not only is it a more sustainable choice, but some of the citrus products will bleed through plastic after a while.